



Beat Beethoven 5K Run/Walk Registration Form & Waiver

First and Last Name: _____ Circle: Male Female
Street Address: _____ State: _____ Zip: _____
Phone: _____ E-mail: _____

Circle T-shirt Size: Yth X-Sm, Yth Sm, Yth Med, Yth Lg,
X-Sm, S, M, L, XL, 2XL

Please Check one: 5K _____ 1/2 Mile (ages 12 and under) _____

Sunday, September 29, 2019
5K at 1:00pm
1/2 Mile at 2:00pm

Forestview Middle School
12149 Knollwood Dr.
Baxter, MN 56425

Register by September 22 to guarantee a T-Shirt!

Waiver:

I understand that running/walking a road race is a potentially dangerous activity. I should not enter and run or walk unless I am medically able and properly trained. I understand that if the race is cancelled due to inclement weather my registration fee will not be reimbursed. I assume all risks associated with participation in the event including but not limited to falls, contact with other participants or spectators, the effects of the weather including heat or cold temperatures, traffic or conditions of the roads, all such risks being known and appreciated by me.

Having read the waiver and knowing these facts and in consideration of your accepting my entry, I for myself and anyone entitled to act for my behalf, waive and release the Heartland Symphony Orchestra from all claims or liabilities of any kind arising out of my participation in this event even though the liability might arise out of negligence or carelessness on the part of the persons named in this waiver. I have read and agree to the above.

Signature: (Parent if under 18) _____ Date: _____

Entry Fee: 5K \$25/ \$30 on race day

1/2 Mile Kids' Run \$10 / \$12 on race day

Make an additional donation to Heartland Symphony Orchestra: \$ _____

Mail Registration Form, (Check payable to HSO included) to:

HSO 5K

PO Box 241

Little Falls, MN 56345